Coverage for: Individual and Eligible Family | Plan Type: EPO

Asuris Northwest Health: Gold 1000 EPO Individual and Family Network

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to asuris.com/go/policy/2018/EW/Gold1000EPO or call 1 (888) 232-8229. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1 (888) 232-8229 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In- <u>network</u> : \$1,000 individual / \$2,000 family per calendar year. Out-of- <u>network</u> : Not applicable	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Pediatric dental and vision services, and the following in-network services: preventive care, primary care, specialist and urgent care office visits, acupuncture and spinal manipulation visits, and generic prescription drugs. Copayments and amounts in excess of the allowed amount do not count toward the deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at healthcare.gov/coverage/preventive-carebenefits/.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>network</u> : \$7,350 individual / \$14,700 family per calendar year. Out-of- <u>network</u> : Not applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billed</u> charges, <u>coinsurance</u> for out- of- <u>network</u> pediatric vision services, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See asuris.com/go/IFN or call 1 (888) 232-8229 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-</u>

		network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$15 <u>copay</u> / visit, <u>deductible</u> does not apply; other services 20% <u>coinsurance</u>	Not covered	Copayment applies to each in-network office visit only. In-network acupuncture and spinal manipulations are subject to \$15 copay / visit, deductible does not apply.
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$50 copay / visit, deductible does not apply; other services 20% coinsurance	Not covered	Acupuncture services are limited to 12 visits / year. Spinal manipulations are limited to 10 / year.
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	Not covered	None
ii you nave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	None
If you need drugs to treat your illness or condition More information about prescription drug	Generic drugs (preferred & non-preferred)	\$8 <u>copay</u> * / preferred generic retail prescription \$16 <u>copay</u> / preferred generic mail order prescription 25% <u>coinsurance</u> * / non- preferred generic retail prescription 20% <u>coinsurance</u> / non-preferred generic mail order prescription		No coverage for <u>prescription drugs</u> not on the Essential <u>Formulary</u> or <u>prescription drugs</u> from an out-of- <u>network</u> pharmacy. Limited to a 90-day supply retail (1 <u>copay</u> per 30-day supply), mail order and self-injectable drugs. Limited to a 30-day supply <u>specialty drugs</u> and self-
coverage is available at asuris.com/go/	Preferred brand drugs	25% <u>coinsurance</u> * / retail prescription 20% <u>coinsurance</u> / mail order prescription		administrable cancer chemotherapy drugs. <u>Deductible</u> does not apply for all generic drugs.
formulary/2018/ 6tierEssential.	Non-preferred brand drugs	50% coinsurance* / retail prescription 45% coinsurance / mail order prescription		No charge for FDA-approved women's contraceptives prescribed by a health care <u>provider</u> and for certain preventive drugs and immunizations at a participating pharmacy.

Common		What You Will Pay			
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Specialty drugs (preferred & non-preferred)	40% <u>coinsurance</u> / preferred <u>specialty drugs</u> 50% <u>coinsurance</u> / non-preferred <u>specialty drugs</u>		The first fill for specialty drugs may be provided at a retail pharmacy, additional fills and fills for specialty self-administrable cancer chemotherapy drugs must be provided at a specialty pharmacy. Coverage for self-administrable cancer chemotherapy drugs is subject to 20% coinsurance. *\$5 copayment or 5% coinsurance discount when filled at a preferred retail pharmacy.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance for ambulatory surgery centers 20% coinsurance for all other facilities	Not covered	None	
surgery	Physician/surgeon fees	10% coinsurance for ambulatory surgery centers 20% coinsurance for all other facilities	Not covered	None	
	Emergency room care	20% coinsurance	20% coinsurance	In-network deductible applies to in-network and out-	
If you need immediate	Emergency medical transportation	20% coinsurance	20% coinsurance	of- <u>network</u> services.	
medical attention	<u>Urgent care</u>	\$50 copay / visit, deductible does not apply; other services 20% coinsurance	Not covered	Copayment applies to each in-network urgent care office visit only.	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	None	
Stay	Physician/surgeon fees	20% coinsurance	Not covered	None	
If you need mental	Outpatient services	20% coinsurance	Not covered	None	
health, behavioral health, or substance abuse services	Inpatient services	20% coinsurance	Not covered	None	

Common		What You Will Pay			
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Office visits	20% coinsurance	Not covered	Cost sharing does not apply to certain preventive services.	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	Not covered		
	Home health care	20% coinsurance	Not covered	Limited to 130 visits / year.	
	Rehabilitation services	20% coinsurance	Not covered	Limited to 30 inpatient days and 25 outpatient visits / year.	
If you need help recovering or have other special health needs	Habilitation services	20% coinsurance	Not covered	Habilitative services is limited to 30 inpatient days and 25 outpatient visits / year. Neurodevelopmental therapy is limited to 25 outpatient visits / year.	
	Skilled nursing care	20% coinsurance	Not covered	Limited to 60 inpatient days / year.	
	Durable medical equipment	20% coinsurance	Not covered	None	
	Hospice services	20% coinsurance	Not covered	Limited to 14 respite days / lifetime.	
	Children's eye exam	No charge	50% coinsurance	Limited to 1 routine exam / year for individuals under age 19.	
If your child needs dental or eye care	Children's glasses	No charge	50% coinsurance	Limited to 1 pair of lenses (2 lenses) and 1 standard frame / year for individuals under age 19.	
	Children's dental check-up	No charge	No charge	Limited to 2 cleanings and 2 preventive oral examinations / year for individuals under age 19. Additional coverage is provided for basic and major pediatric dental services.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery, except congenital anomalies
- Dental care (Adult)
- Hearing aids
- · Infertility treatment

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care
- Vision hardware (Adult)
- Weight loss programs, except as covered under preventive care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

• Chiropractic care

Termination of pregnancy

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1 (877) 267-2323 x61565 or cciio.cms.gov or your state insurance department at 1 (800) 562-6900 or www.insurance.wa.gov. You may also contact the <u>plan</u> at 1 (888) 232-8229. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit HealthCare.gov or call 1 (800) 318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the <u>plan</u> at 1 (888) 232-8229 or visit asuris.com or your state insurance department at 1 (800) 562-6900 or www.insurance.wa.gov.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1 (888) 232-8229

————To see examples of how this plan might cover costs for a sample medical situation, see the next section.————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$1,000 \$50 20% 20%

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery) Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition) Mia's Simple Fracture
(in-network emergency room visit
and follow up care)

The plan's overall deductible	\$1,000
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

The plan's overall deductible
Specialist copayment
Hospital (facility) coinsurance
Other <u>coinsurance</u>

The plan's overall deductible	\$1,000
Specialist copayment	\$50
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

This EXAMPLE event includes services like:

Emergency room care
(including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$7,400

Total Example Cost	\$1,925
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$1,000
Copayments	\$29
Coinsurance	\$2,243
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,332

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,000
Copayments	\$408
Coinsurance	\$1,101
What isn't covered	
Limits or exclusions	\$255
The total Joe would pay is	\$2,764

In this example, Mia would pay:

\$1,000
\$241
\$127
\$0
\$1,368

NONDISCRIMINATION NOTICE

Asuris complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Asuris does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Asuris:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, and accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services listed above, please contact:

Medicare Customer Service

1-800-541-8981 (TTY: 711)

Customer Service for all other plans

1-888-232-8229 (TTY: 711)

If you believe that Asuris has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age disability, or sex, you can file a grievance with our civil rights coordinator below:

Medicare Customer Service

Civil Rights Coordinator MS: B32AG, PO Box 1827 Medford, OR 97501

1-866-749-0355 (TTY: 711)

Fax: 1-888-309-8784

medicareappeals@asuris.com

Customer Service for all other plans

Civil Rights Coordinator MS CS B32B, P.O. Box 1271 Portland, OR 97207-1271 1-888-232-8229 (TTY: 711) CS@Asuris.com You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW, Room 509F HHH Building Washington, DC 20201

1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-232-8229 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-232-8229 (TTY: 711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-232-8229 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-232-8229 (TTY: 711) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-232-8229 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-232-8229 (телетайп: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-232-8229 (ATS : 711)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-888-232-8229 (TTY:711)まで、お電話にてご連絡ください。

Díí baa akó nínízin: Díí saad bee yáníłti'go **Diné Bizaad**, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíílnih 1-888-232-8229 (TTY: 711.)

FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea te ke lava 'o ma'u ia. ha'o telefonimai mai ki he fika 1-888-232-8229 (TTY: 711)

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-232-8229 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711)

ប្រយ័ក្នុះ បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-888-232-8229 (TTY: 711)។

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-888-232-8229 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachdienstleistungen zur Verfügung. Rufnummer: 1-888-232-8229 (TTY: 711)

ማስታወሻ:- የሚናንሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያባዝዎት ተዘጋጀተዋል፤ በሚከተለው ቁጥር ይደውሉ 1-888-232-8229 (መስጣት ለተሳናቸው:- 711)።

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-888-232-8229 (телетайп: 711)

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू नि:शुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-888-232-8229 (टिटिवाइ: 711

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-888-232-8229 (TTY: 711)

MAANDO: To a waawi [Adamawa], e woodi balloojima to ekkitaaki wolde caahu. Noddu 1-888-232-8229 (TTY: 711)

โปรดทราบ: ถ้าคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-888-232-8229 (TTY: 711)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-232-8229 (TTY: 711)

Afaan dubbattan Oroomiffaa tiif, tajaajila gargaarsa afaanii tola ni jira. 1-888-232-8229 (TTY: 711) tiin bilbilaa.

توجه: اگر به زبان فارسی صحبت می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) 828-232-8829 تماس بگیرید.

ملحوظة: إذا كنت تتحدث فاذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 8229-232-888-1 (رقم هاتف الصم والبكم 711 :TTY)